

Alzheimer's

	Title	Author	Description
2	Alzheimer's Activities	B.J. FitzRay	Hundreds of activities for men and women w/Alz & related disorders
1	Alzheimer's Early Stages	Daniel Kuhm, MSW	
2	Alz's: The Answers You Need	H. Davies & M. Jensen	Guidebook written for people in the early stages of Alz & their caregivers
1	Alz Disease: The Family Journey	Wayne Caron, James Pattee, Orlo Otteson	To help families understand Alzheimer's Disease as a family illness that affects all parts of family life.
1	Best Friends Book of Alz Activities	V. Bell, D. Troxel, T. Cox, R. Hamon	147 fun, easy, and enriching activities.
1	Between Two Worlds	Ellen P. Young	Special moments of Alz by the author whose mother & aunt suffered
2	Creating Moments of Joy	Jolene Brackey	How to create moments of joy w/loved one suffering from Alz
4	Coach Broyles' Playbook for Alzheimer's Caregivers	Frank Broyles	The playbook was a labor of love for Coach Broyles, who wife was diagnosed with Alz.He assembled a most impressive "all American" team, to help formulate a much needed caregiver tool, and male it a reality-in the form of a guide and reference book for Alz caregivers.
1	Day In, Day Out w/Alz	Karen A. Lyman	Stress in care giving relationships
5	"Do I Know You?"	Bette Ann Moskowitz	Living through the end of a parent's life
1	Helping Someone with Mental Illness	Rosalynn Carter	Down to earth and practical with personal stories, advice and resource guides
2	Homes That Help: Advice...	R. Olsen, E. Ehrenkrantz & B. Hutchings	Advice from caregivers for creating a supportive home.
2	Interventions for Alz Disease	Ruth M. Tappen	A caregiver's complete reference
1	Knowledge and Skills Needed for Dementia Care	Michigan Dementia Coalition	A guide for Direct Care Workers In Everyday Language
1	Learning to Speak Alz	Joanne Koenig Coste	A groundbreaking approach for everyone dealing with Alzheimer's
1	The Loss of Self	D. Cohn, & C. Eisdorfer	Stories of patients and families who share their pain & triumphs
2	Navigating the Alz's Journey	Carol Bowlby Sifton	A compass for caregiving
2	Painted Diaries	Kim Howes Zabbia	A true story of mother & daughter; Mother diagnosed w/Alz
1	Rethinking Alz Care	Sam Fazio, Dorothy Seman, & Jan Stansell	A fresh and humanistic approach to Alzheimer's care
1	Surviving Alz: A Guide for Families	Florian Raymond	A treasure house of practical tips, ideas, and survival strategies. How to renew and restore yourself
1	There's Still A Person In There	M. Castleman, D. Gallagher-	The complete guide to treating and coping with Alzheimer's

		Thompson, M. Naythons	
3	The 36-Hour Day	N. Mace/ Peter Rabins	A comprehensive guide to the home care of those in the early and middle stages of progressive dementing illnesses.
1	Understanding “Senility”	Virginia Fraser & Susan M. Thornton	Dispels myths about senility. Explores early symptoms and later behavior patterns of those with Alzheimer’s.
1	The Validation Breakthrough	Naomi Feil	Simple techniques for communicating with people who have Alzheimer’s-type dementia
1	A View From Within...	Thaddeus M. Raushi	Reflections of the author’s inner thoughts & feelings about living a high quality life with this low quality disease called Alzheimer’s
10	The Voice of the Climbing Rose	Christopher Perry	Helps children to understand Alzheimer’s disease.
1	When Alzheimer’s’ Hits Home	Jo Danna	Help for caregivers; avoid trials & errors in caring for a loved one

Caregiving

1	Are Your Parents Driving You Crazy?	J. Ilardo, Carole Rothman	How to resolve the most common dilemmas with aging parents
1	As Parents Age: A Psycho-logical & Practical Guide	Joseph Ilardo	Down to earth advice that considers all sides
1	The Best Friends Approach to Alzheimer’s Care	Virginia Bell & David Troxel	Reflects a growing optimism in the world of Alzheimer’s care that much can be done to improve the lives of people with the disease
1	The Big Squeeze	Barbara A. Shapiro	Practical solutions to specific crisis; unique and remarkable simple steps to balance the needs of aging parents, dependent children, and you.
	Care That Works	Jitka M. Zgola	A relationship approach to persons with dementia
1	The Caregivers Guide	Caroline Rob & Janet Reynolds	Basic information to help you handle medical emergencies, recognize physical and mental problems
1	The Caregiver’s Survival Handbook	Alexis Abramson with Mary Anne Dunkin	How To Care For Your Aging Parent without Losing Yourself
2	Caregiver Therapy	Julie Kueblebeck and Victoria O’Connor	Help Keep your life in balance as you care for others.
2	Caregiving & Loss	K. Doka, J. Davidson	A portrayal of issues, insights & lessons learned by people in hospice
	Caring For Your Aging Parents – When Love Is Not Enough	Barbara Deane	An encouraging and supportive guide to help you meet the challenges of caregiving.
2	Caring For Yourself While Caring For Your Aging Parents	Claire Berman	A book to help the caregiver as well as the recipient of care
1	Circles of Care	Ann Cason	Uses care studies + numerous examples + suggestions to show how to provide quality of care at every level.

2	The Comfort of Home	Maria Meyer & Paula Derr	An illustrated step-by-step guide; a basic but complete guide to home care
2	Coping with Your Difficult Older Parent	Grace Lebow & Barbara Kane	Common sense guide on how to smooth communications with a challenging parent.
1	Creative Caregiver	James R. Sherman	One in a series of outstanding self-help books for caregivers
3	Elder Care: Six Step Guid to Balancing Work & Family	John Paul Marosy	Provides insight and guidance for the employee who is – or soon will be – arranging for an older parent or loved on who is sick or disabled
1	Elder Rage	Jacqueline Marcell	How to survive caring for aging parents
1	Family Caregiver Guide	Shelly Schonhoff & Joanna Speaker	A comprehensive handbook for caring for your loved one at home
3	A Family Caregivers Guide to Planning & Decision Making	James A Wilkinson	Forms + checklists to help you keep track of essential info, plan for the future.
1	The Fearless Caregiver	Gary Barg	How to get the best care for your loved one and still have your own life
1	Guide to Home Caregiving	American Medical Assoc.	Provides info you need to take the best care of elderly, ill, or disabled in a home setting. Make the right decision to ensure a safe + healthy living environment.
2	Helping Yourself Help Others	Rosalynn Carter	A book for caregivers to encourage and to empathize ...
1	How To Care for Aging Parents	Virginia Morris	Understanding managed care, long-term, care safety at home, etc
4	How To Care for Your Parents	Nora Jean Levin	Guide to help families navigate the unfamiliar terrain of eldercare – using a step by step approach.
1	It Takes More Than Love	Anita Beckerman & Ruth Tappan	A practical guide to taking care of an aging adult
2	Lifeline for Caregivers	Jane E Maxwell	Shares a wealth of practical advice + offers hope to new caregivers
1	The Lost Art of Caring	Leighton Cluff & Robert Binstock	Highlights the challenges to be met if we are to rekindle caring as an essential part of our culture.
2	Love, Honor & Value	Suzanne Geffen Mintz	A family caregiver speaks out about the choices & challenges of caregiving
1	Men As Caregivers to Elderly	L. Kaye & J. Applegate	Offers new insight into the impact of changing family structures and gender roles on caregiving., the range of tasks that male caregiver perform and men's use of and experience with support services.
2	My Turn To Care	Marlene Bagnull	To help you discover Gold's blessing and to draw on His strength
5	Quick Tips for Caregivers	Marion Karpinski RN	Hands on Caregiving Advice + Instruction. Clear illustration on basic nursing procedures
2	The Resource Caregiver	NFCA	Helping family caregivers help themselves
2	You We Us helping Caregiver Notebook	Alzheimer's Association	A handy reference to help caregivers of a person with all stages of Alzheimer's.
2	Share The Care	Cappy Capossela & Sheila Warnock	How to organize a group to care for someone who is seriously ill
1	And Thou Shalt Honor – The Caregivers	Forword by Rosalynn	Useful advice draws on expertise of nations top caregiving researchers

	Companion	Carter	and advocates
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Death

1	A Good Death	Charles Meyer	A handbook about the challenges, choices and care options
	A Life Worth Living	Pearl Mosher-Ashley & Phyllis Barrett	Practical strategies for reducing depression in older adults
1	Cry Until You Laugh	Richard J. Obershaw	Practical strategies for reducing depression in older adults
6	End of Life		Helping with comfort and care
1	Now I Lay Me Down	David Lester & Margot Tallmer	How to recognize and respond to suicidal behavior in the elderly; symptoms and methods that differ from those used with other age groups
1	Preparing for My Departure	Kenneth Carr	A manual for preplanning your funeral
1	Ten Fun Things To Do Before You Die	Karol Jockowski	A unique blend of humor and insight; recipes for happy living and solid food for the mind.
1	The Final 48 Hours	Seeland, Klangsbrun, DeBellis (Editors)	Observations on the last days of life
1	The Single Man Again	Jane K. Burgess	About coping and the strength that comes from sharing concerns; inspirational in the experiences of ordinary men who reveal extraordinary qualities as they adjust to life as a single man again.
2	When Men Grieve	Elizabeth Levant	Why men grieve differently and how you can help

Depression

1	A Life Worth Living	Pearl Mosher	
1	Now I Lay Me Down	David Lester & Margot Tallmer	Suicide in the Elderly how to recognize and respond to suicidal behavior in the elderly
1	Questions & Answers About Depression & Its Treatment	Ivan K. Goldberg	A user friendly book on a medical illness that doesn't necessitate a medical dictionary for the average person to understand.

General

1	Aging Well	George E. Vaillant	A smart important book about human development
1	Brain Jolt	Joann Jarvis	Over coming the effects of a traumatic brain injury.
1	Complete Guide to Health Services for Seniors	Trudy Leiberman & Editor of Consumer Reports	What you and your family need to know about finding & Financing Medicare, Asst. Living, Nursing Home & Adult Day care ect.
1	Generations Disasters and Older Adults	ASA	In-Depth Views of Issues in Aging Winter 2007-2008. Katrina-Rita-September 11

	Generations Religion, Spirituality, and Meaning in Later Life	ASA	In-Depth Views of Issues in Aging Summer 2008
1	Healthwise for Life	Molly Mettler & Donald Kemper	Medical self-care for people age 50 +, including fitness, nutrition, caregiving and medication management
1	The Healthy Senior Workbook	Barbara Lambesis (Editor)	Simple ways to organize your health records and medical history, receive better results from your medical care, and improve your health.
1	Older People & Their Needs	Gianetta Corley (Editor)	A rich resource of debate and practical ideas on how to prepare for dignity and quality of life
1	Successful Aging	John W. Rowe & Robert Kahn	The remarkable results of a study into the myths about aging. Inspiring and instructive, and based on more than 10 years of research
5	Who Moved My Cheese?	Spencer Johnson	An amazing way to deal with change in your work and in your life

Grandparents Raising Grandchildren

1	The Bipolar Child	Demitri Papolos & Janice Papolos	The definitive and reassuring guide to childhood's most understood disorder
2	Breakthrough Parenting	A. Jane Major PhD	Unlock the secrets to a Great Relationship with Your Children
2	The Essential Grandparent	Dr. Lillian Carson	A guide to making a difference
1	Grandparent Power	Arthur Kornhaber & Sondra Forsyth	How to strengthen the vital connection among grandparents, parents and children.
1	Grandparenting: It's Not What It Used To Be	Irene Endicott	Questions on grandparenting; organized by subject, including relationships, dealing with change, grandparent rights, and more
1	Grandparents As Parents	Sylvie deToledo & Deborah Edler Brown	A survival guide for raising a second family
3	The Lost Child	Tom Collins	Through a series of graphic + dramatic case studies, illustrates the power of love and kindness and their practical worth in rescuing children + saving ourselves a lot of future trouble.
1	The Magic of Grandparenting	Charmaine Ciardi, Cathy Nikkel-Orme, Carolyn Quatrano	This book looks at the important bond between grandparents & grand children. Full of practical as well as whimsical tips and suggestions for expressing love.
1	The New American Grandparent	Andrew Cherlin & Frank Furstenberg, Jr.	Two leading sociologists provide a rich, often eloquent, and sometimes troubling portrait of grandparenthood today.
1	The Out-of-Sync Child	Carol Stock Kranowitz	Recognizing and coping with Sensory Integration Dysfunction
1	The Parent's Answer Book	Gerald Deskin & Greg Steckler	Over 100 most-asked questions about your child's well being
2	Raising our Childrens Children	Deborah Doucette-Dudman	Explores the challenges, hardships and rewards faced by grandparents parenting their grandchildren.

1	Relatives Raising Children	Joseph Crumbley & Robert Little	An overview of kinship care
2	Relatives Raising Children	Marianne Takas	A guide to finding help and hope
3	Reviving Ophelia	Mary Phipper PhD	An eye opening look at the everyday danger of being young and female and how adults can help
3	Second Time Around	Joan Callander	Is a resource for grandparents who accept the responsibility of raising their grandchildren
2	Staying Connected to Your Teenager	Michael Riera	How to keep them talking to you and how to hear what they're really saying
1	The Strong-Willed Child	Dr. James Dobson	A practical "how-to" book on discipline and child rearing, which focuses on sibling rivalry, hyperactivity, self-esteem and the most common errors made by frustrated parents
1	Survival Strategies for Parenting Children w/Bipolar	George T. Lynn	Innovative parenting and counseling techniques for helping children with bipolar disorder and the conditions that may occur with it
2	The Ties That Bind	Naomi Weinstein & Marianne Takas	Parental substance abuse and kinship care
1	To Grandma's House, We...Stay	Sally Houtman	When you have to stop spoiling your grandchildren and start raising them
2	Totally Cool Grandparenting	Leslie Linsley	A practical handbook of tips, hints, and activities for the modern grandparent
3	When Nothing Makes Sense	Gerald Deskin + Greg Steckler	Disasters, Crisis and their effects on Children. It's important to remember that children are affected by the same types of stress parents are faced with in a disaster

Health

1	Activities of Daily Living: Practical Pointer for Parkinson Disease	National Parkinson Foundation	
	Who? What? Where?	Alliance for Aging Research	Resources For women's Health And Aging
1	Arthritis: Basics for Change	The Arthritis Foundation	4 Cassettes with basic information on arthritis, diet, exercise & treatments
2	Balancing Act	Mary Ann Watson & Helen Sinclair	Information for people with dizziness and balance disorders
1	Cancer & Hope; Charting a Survival Course	Judith Garrett Garrison & Scott Sheperd	"Provides 'medicine for the spirit'... the only book that actively involves the patient as well as the family in emotional healing. Simple & powerful
1	Day Brought Back My Night	Stephen Charles Ainlay	Explores the lives of people who have lost sight in late life as a result of age related visual disorders
1	Diabetes- Control is Prevention	Sponsored by; Healthy	Taking charge of your diabetes. Informational binder.

		Living Partnership of CNY	
1	Enjoying Life With Emphysema	Thomas Petty & Louise Nett	Written with the objective of restoring pleasure and meaning to life for those with emphysema and for their families.
1	Glaucoma	Eyecare America	DVD and Book featuring Oscar De La Hoya
1	\ Generations	American Society On Aging	Older Men's Health – In-Depth Views of Issues in Aging
1	Nutrition for the Chemo-Therapy Patient	Janet Ramstack & Ernest Rosenbaum	Vital information on the nutrition effect of chemotherapeutic agents
1	Parkinson Disease: Caring + Coping	National Parkinson Foundation	
1	Parkinson Disease: What You + Your Family Should Know	National Parkinson Foundation	
1	Taking Control of Arthritis	Fred Kantrowitz	Practical answers to patients' most common questions
1	The Sleep Book	Ernest Hartmanns	Understanding and preventing sleep problems in people over 50
1	The Five Keys To Permanent Weight Control	Marvin H. Berenson, MD	The essential guide for achieving your ideal weight
8	Think Yourself Smokeless	Marvin H. Berenson, MD	Empower your mind control your behavior STOP SMOKING FOREVER
1	50 Plus - Video	Nat'l Institute on Aging	Exercise Video for Senior Citizens

Humor

1	A Treasury of Senior Humor	James E. Myers	Jokes, cartoons & funny stories
1	Humor: The Tonic You Can Afford	Andrus Gerontology Ctr of Univ. of S Calif	A handbook on ways of using humor in long term care
1	The Healing Power of Humor	Allen Klein	Techniques for getting through loss, setback, upsets & not-so-funny stuff

Legal & Long Term Home Care

1	Consumers Guide to Long Term Health Care	Jean Murphy, Jennifer Weiss & Lora Meyers	Information on choosing the right nursing home, paying for a nursing home, home care and assisted living options; monitoring care & problem solving
1	Elder Care & the Work Force	Scharlach, Lowe & Schneider	Addresses the variety of issues facing employers, caregivers, and public policy makers; offers solutions for companies as they attempt to respond to their employees' elder care problems and concerns.
1	The Patient Comes First	Nancy Fox	An anthology in which a nurse confronts issues both sociologically and

			from a personal experience vantage point.
2	The Rights of Older Persons	Robert N. Brown	A basic guide to the legal rights of older persons under the current law
1	Unending Work and Care	Julies Corbin & Anslem Strauss	Managing chronic illness at home
1	What Do I Do?	Katherine Karr	How to care for, comfort and commune with your nursing home elder
1	When Love Gets Tough	Dough Manning	The nursing home decision